



# INSIDE OUT REENTRY COMMUNITY

SUMMER 2018 NEWSLETTER

## SUMMER CONCERT FUNDRAISER



Our third annual Summer Concert Fundraiser took place on May 19th. Two - Bit Maniac performed while attendees listened and ate a variety of great food.

Unfortunately, weather was not on our side. Due to the rain, we had to end the fundraiser

before the Tanya English Band and James Kennedy & Friends could play.

Even though we ended early, we raised over \$3,000 due to generous donations and sponsors! We are so thankful to have a strong and supportive community.

We would like to give special thanks to all of the volunteers who helped at the event, our performers, everyone who donated, and Steve Cook Production for running the sound.



## EXPANDED HOURS

Starting in June, we are expanding our resource center hours to better meet the needs of our community.

Our new hours are:

Monday: 1 - 5pm

Tuesday: 1 - 5pm

Wednesday: 1 - 7 pm

Thursday: 1 - 6:30 pm

Friday: 10 am - 12 pm

We are also available by appointment,  
call 319-621-6263

## SPIRIT OF CHRIST CHURCH CLOSING

The Spirit of Christ Church held its last service on May 20th. We want to thank the church and its members for their generosity to Inside Out. Without the church, the organization would not exist today.

Inside Out will be relocating after the sale of the building. If you know of any locations, or have space to rent please contact us at:  
[insideoutreentry@gmail.com](mailto:insideoutreentry@gmail.com)



## WEEKLY COMMUNITY MEETINGS

Community Meetings are a time for our community to meet, share support and learn new skills. We've increased our community meetings from twice a month to every week. This Spring and early Summer we offered a mindfulness class, and had various guests come and give presentations. Contact us if you are interested in presenting at a community meeting.



## VOLUNTEER SPOTLIGHT



Dale Helling, is one of Inside Out's most active volunteers. He staffs the resource center, is a mentor, and serves on Inside Out's Board of Directors. Prior to retirement, Dale was an Assistant City Manager, and a Counselor in Corrections. He has a life long passion and commitment to criminal justice issues, and is loved by community members and volunteers. He is married with one son, and enjoys music, sporting events and spending time with his family.

Interested in volunteering at Inside Out? Contact us: [insideoutreentry@gmail.com](mailto:insideoutreentry@gmail.com)

## PAROLE SIMULATION AT THE UNIVERSITY OF IOWA

On May 18th, we partnered with UI Center for Human Rights, UI LABB, UI Chief Diversity Office, and IowaWorks for the BUILD: Re-Entry and Parole Simulation.

The event allowed participants to experience first-hand the challenges and struggles that citizens returning

from incarceration face when re-entering life on the outside. There was an excellent turnout, and participants left with an increased awareness of the barriers facing our community members. Stay tuned, as we are currently developing the ability to deliver the parole simulations on our own.





## COLLABORATION WITH HOPE HOUSE



Starting in the Fall of 2017, Inside Out began collaborating with Hope House to increase outreach efforts. Each week, volunteers and staff run a group at Hope House, letting residents know about our services, helping connect them with additional resources, and most importantly welcoming them into the Inside Out community. We look forward to sustaining this partnership in the future.

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## INTRODUCING THE NEW DIRECTOR

Michelle Heinz started in her new role as the Executive Director of Inside Out in June. Prior to joining the staff, Michelle was a committed volunteer, serving on the behavioral health committee and co-facilitating our weekly group at Hope House. Michelle recently graduated with her Masters in Social Work from the University of Iowa, and is passionate about providing and improving reentry services.

Inside Out would like to sincerely thank our previous Director Mike Cervantes for his tireless efforts supporting returning citizens in Johnson County and wish him the very best in his future efforts!

